



**From the editor, repeated from July:** Promise yourself to be so strong that nothing can disturb your peace of mind. (not even pandemic, masks, zoom, or political emails, mail and texts!!) We have a creative, forward thinking president, have had awesome programs, active committees, and plans to press on to greater achievements in the future!

## From the Prez

As I start working on tasks to get ready for the next Optimist year that starts October 1<sup>st</sup>, I have been reflecting on the past year. On March 26<sup>th</sup> Colorado joined a few other states by having Stay-at-Home orders. Up until that time our Optimist year was going as planned with pen pal booklets, Dr. Seuss and “bucket” books, our club’s Tri-Star basketball, Grow Haus volunteering, Brain Bowl, and helping Heather Gardens Optimist Club with pillowcases, to name just a few of our activities. After March 26<sup>th</sup>, our Optimist world changed. We since have learned how to use Zoom, we have sewn masks, and we have contributed money to buy more children’s masks for Sweet Dream in a Bag. **We have also missed seeing each other in person.**

**William Bridges**, one of the leaders in managing transitions, makes the **distinction between “change” and “transition.”** For him, change is a one-time event; for example, the March 26<sup>th</sup> order to stay home. On the other hand, **transition is the psychological adaptation** to the change. **Many of us are still trying to adapt to the March 26<sup>th</sup> order.** Now we have a barrage of announcements from school districts on how they are going to start the school year. The constant in all their plans is that visitors are not allowed. **These announcements are another change to which we need to adapt psychologically.**

**What hasn’t changed, however, is our mission to bring out the best in youth, our communities, and ourselves. Also changeless is our ability to find other projects that fulfill that mission. The foreseeable future is not so foreseeable; however, it gives us the opportunity to be creative in meeting it. And the opportunity to help each other with the psychological adaptations known as “transitions.”**

Optimistically, *Linda*



8/2 Carolyn Bamford  
8/5 Laura Hoch  
8/8 Ruth Shroyer  
8/9 Sandy Middleton

8/19 Joyce Thomson  
8/24 Pat Dutton  
8/24 Joyce Williams  
8/28 Wilene Lampert

## July/August Meetings

July 16



Susie and Wayne Fox

Talked about their SweetDreaminaBag

July 23



Judith Barrow

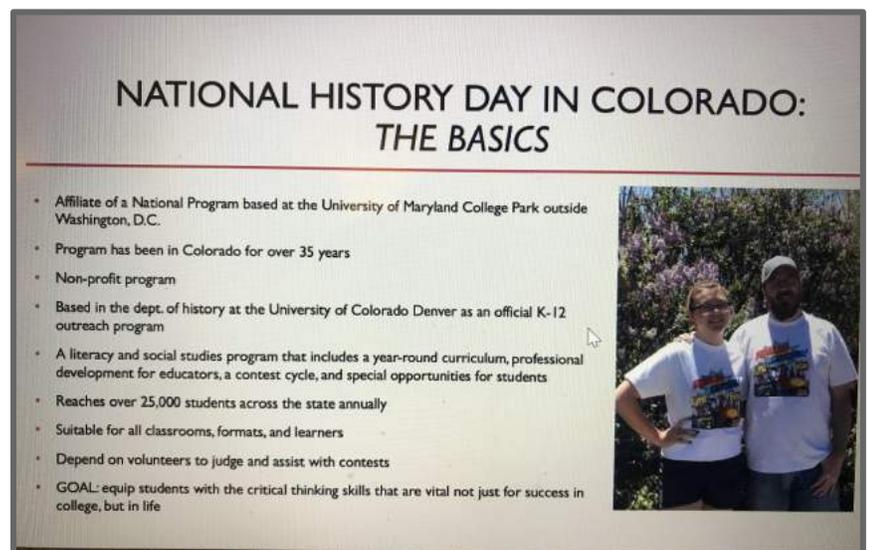
Estate Planning: How to Save your Heirs Time and Money

July 30



Kayla Gabehart

Associate Director of National History Day in Colorado and the Colorado Student Leaders Institute



Aug 6



**Diane Zitek**

Shared pictures and discussed her experience teaching school in Nepal.

Aug 13



**Beth Jarrett**

Retired Flight Attendant entertained us about her '36 Years Up in the Air'

Aug 20



**Alicia Bright**

Mother of 9 children, 4 natural and 5 adopted. She told the story of this large blended family.

---

## Members Keeping Busy During This Time....

Another of TOC's primo bakers, **Loretta Blessinger** (and her daughter) have been creating some delicious creations during the past months. Pictured here is a loaf of raisin bread, a berry fruit pie with whipped topping, and her daughter's peach pie. Yummo!!



Also, a friend of Loretta's, Priscilla, made 14 pillowcases for her to include in our TOC project with Heather Gardens OC. Nancy Wright was nice enough to come pick them up to deliver to their destination.

## Members Fulfilling Need for Masks Sandy Middleton

### Sweet Dream in a Bag - New Project

Sweet Dream in a Bag is a charity founded by **Susie and Wayne Fox** to gift children living in poverty with new bedding packages. Each child receives an artfully assembled vinyl plastic bag that looks like a present. The bedding package consists of an exciting new twin comforter, pillow, twin sheet set, twin fleece blanket, toothbrush and toothpaste, wooden toy, personalized book, and a Beanie Baby. The moms and dads receive a mug.



**Jeanette Thompson** suggested maybe TOC could provide masks. The Board approved the Committee's request to provide 300 children's masks for \$750.

**Joyce Laman** has contacted the women who have sewn masks to see if they would like to donate adult and teen masks with the hope of providing 100. Contact Joyce if you would like to help.

The Committee is also collecting donations of money, fitted baby sheets, toothbrushes, toothpaste, Beanie Babies, and new or used mugs for the moms and dads. Attached are instructions to make baby quilts or donate the material.

Contact **Sandy Middleton**, [sandymid89@aol.com](mailto:sandymid89@aol.com) or **303-759-9232**, if you would like to make a donation by September 30. Thanks for your generosity!

The Committee: **Loretta Blessinger, Shermalee Eikermann, Carolyn Bamford, Joyce Laman, Diane Zitek, Hatty McGuire, Bonnie West, Toni Willhite, Sally Evans**

**Of Note:** The members who have been sewing the additional 100 masks for youth and adults for the Sweet Dreams project are finishing up, and will have them all done in early Sept. They are **Jan Dubrick, Joyce Laman, Jenny Spampinato, Sandy Mac, and Nancy Wright**.



## Not Too Late to Do Dime-A-Day Claire Young

**Dime-a-Day Contributions for 2019-20 fiscal year are still being accepted.** We now have 40 TOC members who have made contributions - - and there is a month left. All of us have probably saved money this spring and summer by eating in rather than out, doing armchair travel rather than cruising, reading rather than going to movies, driving less, shopping less and many other ways. Why not be a philanthropist with some of your savings?????

**Start with \$36.50 payable to the OI Foundation for Dime-a-Day.** Send the check to **Claire Young 3621 S Peach Way, Denver 80237** and get invited to tea.

## Fundraising News...



A “**Living Estate Sale**” is what we’re going to call it. Not a garage sale. bit more upscale. **Claire Young** has offered her house (and a **considerable amount of “stuff”**) for a three day sale **October 8, 9, and 10**. If you have items you’re willing to part with, we should have room for pretty dishes, silver, linens, antiques / collectibles, jewelry, and holiday décor. And that catch-all category of miscellaneous. **No clothing or large furniture items.**

**Helpers will be needed for set-up starting Oct. 1<sup>st</sup>**, plus shift workers for 3 hours each sale day. **Set-up workers get first view and first pick of items!! Watch for sign up notices.** Also, **PLEASE help promote the event. See flyer attached.** You can also post notices on your Next Door Neighbor site, especially SE Denver area.

We have a **simple pricing system called D.Y.O.B.** It stands for **Do Your Own Bill.** A suggested price range will be provided to shoppers. At check out, they can donate what they think is fair for the goods they have chosen. **So you don’t have to price anything.**

**Get ready for a fun fall event to support our service project budget.**

---

The committee is also planning a **Book Sale for late November or early December.** Details have yet to be worked out, but is taking suggestions for a possible location.

## TOC Accepts Generous Donation for the 2020-21 Year

**John and Claire Young** have very generously donated \$3,000 to the TOC service fund for next year, through our OI Foundation **Club Campaign Fund.** These funds are available whenever we have a service project that might need support next Optimist year. They also have donated \$2,000 to the TOC administrative fund which supports the needs of club operations not covered by your dues.

**We are so grateful for their generosity, and John’s ongoing interest and support of Tamarac OC! Thank you!**

# Tamarac Optimist Club's Living Estate



## Downsizing a Houseful of "Stuff"

Here's the Scoop: A lifetime of accumulation produces a lot of "STUFF": Before we go, some of our good stuff can go elsewhere. Pay with cash, check, credit card

Items for sale: Antiques Dishes Collectibles  
Linens Holiday Decorations & much miscellaneous!

---

October 8 – 9 – 10 (Thurs-Sat)

9:00am-2:00pm each day

---



Location: The Young's house: 3621 S Peach Way, Denver

Directions: Hampden to Oneida, south 2 blocks, right at stop sign, 1st house on right

All proceeds from this event support  
Tamarac's programs for youth  
in our communities